Periodontology days at Dolní Morava

The two day scientific meeting of Periodontologist and practical dental doctors took place at Hotel Wellnes Vista Dolní Morava in the term of 5.-6.10.2018.

The scientific programme was started by Dr. Marco Ronda/It./ - "Guide tissue regeneration/GTR/, augmentation of minor and major bone defects, clinical casuistics".

He presented the solution of teeth loss and bone loss as well.

He showed some clinical cases when inserting implants even in worse condition, means the vast loss of bone. He mentioned advantages and disadvantages of one step and two step procedures.

Also managing of soft tissue was presented with the aim of gaining the best esthetic outcomes.

The second foreign lecturer was Dr. Peter Fairban/UK/

"The bone regeneration, materials, procedures and casuistics".

He presented clinical cases when inserting implants with the augmentation method preferring the material Ethoss. No membrane was used and the outcomes looked to be very good.

The first day programme was finished by a lecture of Dr.Martin Starosta/Olomouc/, with the topic: "News in classification of Periodontology diseases". The lecturer described the differences in the new classification of PD when compared with the old one.

The plenary meeting took place after the scientific programmme.

Dr .Michal Kania give the information about the programme for the next Perio days at Frymburk, May 2019. Dr.Peter Augustín told the participants some news from the meeting of the Scientific Councel of Czech stomatology chamber.

The second day was started by a lecture of Dr.Jiří Hrkal /Kladno/ The topic:

"New materials, new procedures in augmentation methods".

He documented clinical casuistics showing how to do augmentation trying for the best outcomes when solving the implantology cases.

The lecturer preferred solving with the material Smartbone and the methods PRF too.

Dr. Vladimír Ščigel /Praha/- "Antibiotics and their meaning for the Periodontology treatment – is there anything new?

The lecturer has a lot of experiences with administrating of ATB.

Options, indications, contraindications, special cases and unusual ones.

The increasing resistance. Amoxicillin is still valid if is no allergy.

Dr. Alena Večeřová /Praha/- "Psychosomatics + Some relaxation for the D.D.Ss. (dental doctors)".

She stressed the necessity of to have a rest.

The most appropiate working time should be three days per week.

A lot of diseases have a psychosomatic picture of their own, the number of burnout syndrome is permanently increasing.

The scientific meeting was finished by a lecture of Dr. Ivan Marek /Břeclav/-

"The orthodontic therapy of aggressive periodontitis".

The lecturer described how the orthodontist can help in the treatment of AP.

He showed how the bone is created after the pull and on the contrary how the bone is resorbed in the place of stress. In some cases it means no need for the GTR methods.

Of course, the periodontogist and the orthodontist have the same attitude, to maintain as many teeth as it can be possible.

Again the Perio days at Dolní Morava have confirmed the high scientific and society level of this event. Nearly 130 participants were presented.

The next Periodontology days will take place at Frymburk, South Bohemia, 24.05 – 25. 05.2019.

More on <u>www.perio.cz</u>

On the behalf of the Committee of Czech Periodontology Society

MUDr. Michal Kania